

MY WORK, DELPHINE PERLSTEIN

There is no really recipe to my way of working. Nothing is systematic because I want to surprise myself when I paint. In a way, every painting is like my first painting. First in my experience of making it, not in regard to the tools and the knowledge I have accumulated in the past eight years. Being available to what can happen, letting it happen, and then validating what has happened.

Pleasure, joy and mystery are all touched when you go into the unknown. Sometimes I meet frustrations and despair but I never allow them in my space. ... I want to always overcome difficulties and to always move further in my investigation of painting and of life.

Through painting, I am searching for freedom. Most of the time I prefer to play with the accidents which can occur when I am painting, I feel then that I am working with another force which could perhaps be called the unconscious. This allows me to play with the paint, to decide if I keep a dripping or choose not to act... The more I evolve as a human being the more I am able to give in my painting.

Inspiration comes from everything, the tiny things of life, a word heard in the street, an image on television, a trace on a wall, a personal experience. The print of the paint on a newspaper on my studio floor allows me to reach the subtle energy of the paint and fall into a trance sometimes, almost invisible to its power. Inspiration comes and will come perpetually when I stay connected to life.

I prefer to dream in my painting rather than to allow illusion into my real life.